

Take care of your tattoo !

Between 3 and 6 hours after the tattoo

Take away the plastic foil, under the shower, gently wash your tattoo using a soap free product (« ph neutre » in French, most baby soaps are of this kind).

After the shower, dry using a clean towel.

Then apply the healing cream thinly. One small nut of cream is enough. We recommend one of these two products :

- **Epithéliale A.H (laboratoire A-DERMA)**
- **Cicaplast Baume B5 (Laboratoire le Roche Posay)**

During 3 weeks

You do NOT need to wear a bandage or a plaster. Apply the cream 4 to 6 times a day, according to your skin type. Careful : one small nut is enough, if you put on too much cream, the cream may bleach your tattoo. Do not scratch the small “crusts” ! They must fall from themselves. Any other products (cream, perfumes and such) are forbidden on the tattoo.

Forbidden !

Bathing, swimming (pool & in the sea), sauna, hammam : forbidden under 15 days
Sunbathing is forbidden under 15 days
Sport is forbidden under 10 days : perspiration s acidity can thicken tattoos.